

## Why Confirmation?

### Eighth Grade Session 1: Why Confirmation? Oct. 2/Oct. 9, 2023

#### **Welcome!**

Our hopes as catechists are that each one of us enters into the year with the desire to let God do something in our lives. The goal of the Confirmation program is for you to make the choice to follow Christ in your life and to continue building a personal relationship with Him!

**Luke 24:13-26 (The Road to Emmaus).** Session 1: Why Confirmation? Today, you will begin thinking about why you are here and to get a sense that God, through the Holy Spirit, is present to us and helps us even though we are not aware of it.

- In the Emmaus story, two disciples chose to leave Jerusalem after Jesus was crucified.
- They heard the stories and witnesses of the empty tomb, yet they chose to depart and go back to their everyday lives.
- We make similar choices every day.
- Making the choice to get up in the morning, choosing what to wear or eat. Some of you made the choice to join us. Others had the choice made for you.
- Our hopes are that you choose to let Jesus walk with you this year!

#### **What Are You Looking For (Why Am I Here?)?**

**Chosen Video Lesson 1 Segment 1 (2 min)** After Segment 1, write 3-5 personal goals (What you want out of life: to be rich, to be famous, to have a family, to meet the man/woman of your dreams, to be a leader in some scientific field, etc.) on the back of the Session Worksheet.

**Chosen Video Lesson 1 Segment 2 (2min)** After Segment 2, write down your thoughts from the video. Then, read through the questions at the bottom of the session worksheet.